

Pl	Stnr	Name	Zeit														
<b>Einfach Kurz (10)</b>				<b>2,6 km</b>			<b>7 P</b>										
			1(31)	2(33)	3(48)	4(39)	5(37)	6(49)	7(50)	Ziel							
1		<b>Benno Rödel</b>	<b>39:02</b>	3:14	7:40	17:39	20:15	26:07	<b>34:44</b>	<b>37:42</b>	<b>39:02</b>						
		MTV Bamberg		3:14	4:26	9:59	2:36	<b>5:52</b>	8:37	2:58	1:20						
2		<b>Simon Schorr</b>	<b>42:25</b>	3:03	<b>6:35</b>	<b>16:06</b>	<b>17:37</b>	<b>23:56</b>	35:22	41:25	42:25						
		TV Coburg-Neuses		3:03	<b>3:32</b>	<b>9:31</b>	<b>1:31</b>	6:19	11:26	6:03	1:00						
3		<b>Thor Selz</b>	<b>46:24</b>	<b>2:30</b>	9:24	20:36	23:22	33:21	41:54	45:04	46:24						
		MTV Bamberg		<b>2:30</b>	6:54	11:12	2:46	9:59	<b>8:33</b>	3:10	1:20						
4		<b>Minna Rödel</b>	<b>48:22</b>	3:04	7:57	23:07	26:00	35:28	44:10	47:06	48:22						
		MTV Bamberg		3:04	4:53	15:10	2:53	9:28	8:42	<b>2:56</b>	1:16						
5		<b>Arthur Busch</b>	<b>51:17</b>	5:54	14:12	26:27	28:27	35:55	45:38	50:21	51:17						
		TV Coburg-Neuses		5:54	8:18	12:15	2:00	7:28	9:43	4:43	<b>0:56</b>						
6		<b>Jecky Yuan</b>	<b>57:18</b>	5:44	11:46	22:04	24:57	34:53	49:40	54:58	57:18						
		MTV Bamberg		5:44	6:02	10:18	2:53	9:56	14:47	5:18	2:20						
7		<b>Alma Selz</b>	<b>57:55</b>	3:32	12:38	28:56	31:17	40:03	49:24	56:16	57:55						
		ohne		3:32	9:06	16:18	2:21	8:46	9:21	6:52	1:39						
8		<b>Andreas Streichert</b>	<b>1:12:55</b>	7:23	16:00	34:41	37:47	50:00	1:02:22	1:09:27	1:12:55						
		ohne Verein		7:23	8:37	18:41	3:06	12:13	12:22	7:05	3:28						
9		<b>Tobias Scheitacker</b>	<b>1:18:59</b>	3:34	12:53	38:33	42:18	55:52	1:11:07	1:16:31	1:18:59						
		TSV Ipsheim		3:34	9:19	25:40	3:45	13:34	15:15	5:24	2:28						
10		<b>Angelika Weid</b>	<b>1:30:23</b>	5:38	16:18	39:12	42:52	56:26	1:17:57	1:25:41	1:30:23						
		TV Coburg-Neuses		5:38	10:40	22:54	3:40	13:34	21:31	7:44	4:42						
<b>Einfach Lang (2)</b>				<b>4,4 km</b>			<b>10 P</b>										
			1(31)	2(33)	3(48)	4(45)	5(44)	6(43)	7(39)	8(37)	9(49)	10(50)	Ziel				
1		<b>Frank Großkopf</b>	<b>1:37:30</b>	<b>5:53</b>	14:08	<b>25:05</b>	<b>36:47</b>	<b>46:31</b>	<b>54:47</b>	<b>1:07:22</b>	<b>1:17:21</b>	<b>1:26:28</b>	<b>1:36:05</b>	<b>1:37:30</b>			
		ohne Verein		<b>5:53</b>	8:15	<b>10:57</b>	<b>11:42</b>	9:44	<b>8:16</b>	<b>12:35</b>	<b>9:59</b>	9:37	<b>1:25</b>				
2		<b>Heike Kizer</b>	<b>2:05:30</b>	5:54	<b>11:31</b>	35:28	1:04:42	1:09:07	1:21:02	1:35:58	1:46:01	1:56:20	2:02:52	2:05:30			
		Laufen und mehr		5:54	<b>5:37</b>	23:57	29:14	<b>4:25</b>	11:55	14:56	10:03	10:19	<b>6:32</b>	2:38			
<b>Fortgeschritten Kurz (7)</b>				<b>2,9 km</b>			<b>9 P</b>										
			1(31)	2(42)	3(33)	4(34)	5(35)	6(37)	7(38)	8(39)	9(40)	Ziel					
1		<b>Dieter Oechler</b>	<b>58:49</b>	2:47	6:25	8:42	13:15	20:31	<b>29:43</b>	<b>38:26</b>	<b>41:32</b>	<b>57:11</b>	<b>58:49</b>				
		TV Coburg-Neuses		2:47	<b>3:38</b>	2:17	4:33	7:16	<b>9:12</b>	<b>8:43</b>	3:06	15:39	1:38				
2		<b>Carina Schorr</b>	<b>1:03:40</b>	<b>2:23</b>	<b>6:06</b>	<b>8:16</b>	<b>12:40</b>	<b>18:54</b>	40:51	50:27	51:52	1:02:50	1:03:40				
		TV Coburg-Neuses		<b>2:23</b>	3:43	<b>2:10</b>	<b>4:24</b>	<b>6:14</b>	21:57	9:36	<b>1:25</b>	<b>10:58</b>	0:50				
3		<b>Anne Schneider</b>	<b>1:18:52</b>	3:25	8:30	12:08	17:02	26:59	42:15	53:35	56:21	1:17:17	1:18:52				
		MTV Bamberg		3:25	5:05	3:38	4:54	9:57	15:16	11:20	2:46	20:56	1:35				
4		<b>Fynn Padraig Böhme</b>	<b>1:48:06</b>	2:55	34:24	37:51	42:56	50:34	1:02:46	1:25:04	1:28:20	1:47:18	1:48:06				
		TV Coburg-Neuses		2:55	31:29	3:27	5:05	7:38	12:12	22:18	3:16	18:58	<b>0:48</b>				
5		<b>Hannah-Marie Wiemann</b>	<b>1:59:24</b>	4:27	18:55	24:08	33:29	59:59	1:23:02	1:32:45	1:38:40	1:58:24	1:59:24				
		OLG Regensburg		4:27	14:28	5:13	9:21	26:30	23:03	9:43	5:55	19:44	1:00				
6		<b>Sabine Mitzenheim</b>	<b>2:01:12</b>	3:10	26:44	31:24	37:14	49:05	1:01:43	1:16:39	1:20:14	1:59:33	2:01:12				
		- ohne Verein -		3:10	23:34	4:40	5:50	11:51	12:38	14:56	3:35	39:19	1:39				
		<b>Marga Voit</b>	<b>Fehlst</b>	9:57	19:53	25:00	33:30	52:31	-----	-----	-----	-----					
		DARC Franken		9:57	9:56	5:07	8:30	19:01									
<b>Fortgeschritten Mittel (11)</b>				<b>3,7 km</b>			<b>13 P</b>										
			1(47)	2(42)	3(33)	4(34)	5(41)	6(35)	7(37)	8(38)	9(51)	10(32)	11(48)	12(36)	13(40)	Ziel	
1		<b>Sarah Ahlbrecht</b>	<b>1:03:42</b>	4:29	7:20	9:52	13:39	<b>17:38</b>	<b>19:58</b>	28:14	34:16	37:54	42:17	45:30	<b>49:27</b>	<b>1:03:06</b>	<b>1:03:42</b>
		OLG Regensburg		4:29	2:51	2:32	3:47	<b>3:59</b>	2:20	8:16	6:02	<b>3:38</b>	4:23	<b>3:13</b>	3:57	13:39	<b>0:36</b>

Pl	Stnr	Name	Zeit														Ziel
				3,7 km			13 P	(Forts.)									
				1(47)	2(42)	3(33)	4(34)	5(41)	6(35)	7(37)	8(38)	9(51)	10(32)	11(48)	12(36)	13(40)	Ziel
<b>Fortgeschritten Mittel (11)</b>																	
2		Lukas Oechler TV Coburg-Neuses	1:04:04	3:35	6:24	8:09	11:29	19:50	21:40	27:53	33:09	36:53	41:15	44:36	49:33	1:03:26	1:04:04
				3:35	2:49	1:45	3:20	8:21	1:50	6:13	5:16	3:44	4:22	3:21	4:57	13:53	0:38
				17:19													
				*35													
3		Sigrun Haaf TV Coburg-Neuses	1:05:02	4:46	8:52	10:59	14:31	19:04	21:38	28:50	34:48	38:56	43:47	47:20	50:16	1:04:16	1:05:02
				4:46	4:06	2:07	3:32	4:33	2:34	7:12	5:58	4:08	4:51	3:33	2:56	14:00	0:46
4		Anke Ritter SV TU Ilmenau	1:15:41	5:06	8:01	10:48	15:36	19:58	23:17	31:28	37:29	42:20	47:19	54:55	59:17	1:14:14	1:15:41
				5:06	2:55	2:47	4:48	4:22	3:19	8:11	6:01	4:51	4:59	7:36	4:22	14:57	1:27
5		Ida Bohl TV Coburg-Neuses	1:16:22	6:18	9:54	13:06	18:26	23:40	27:03	34:10	40:31	45:18	50:07	57:30	1:01:49	1:15:35	1:16:22
				6:18	3:36	3:12	5:20	5:14	3:23	7:07	6:21	4:47	4:49	7:23	4:19	13:46	0:47
6		Andrea Schultze OLV Landshut	1:27:31	4:54	8:00	10:21	14:57	21:31	26:55	34:42	41:23	45:55	52:48	57:41	1:02:19	1:26:21	1:27:31
				4:54	3:06	2:21	4:36	6:34	5:24	7:47	6:41	4:32	6:53	4:53	4:38	24:02	1:10
7		Michael Bially TSV Ipsheim	1:27:42	4:24	7:12	14:43	19:11	31:49	35:06	43:13	51:58	56:42	1:01:14	1:04:28	1:08:47	1:26:02	1:27:42
				4:24	2:48	7:31	4:28	12:38	3:17	8:07	8:45	4:44	4:32	3:14	4:19	17:15	1:40
8		Heinz Peter Simon MTV Bamberg	1:32:03	5:11	9:52	12:05	16:28	21:39	24:25	40:56	51:05	57:11	1:06:47	1:12:17	1:17:20	1:30:45	1:32:03
				5:11	4:41	2:13	4:23	5:11	2:46	16:31	10:09	6:06	9:36	5:30	5:03	13:25	1:18
9		Irma Schwarzkopf TV Coburg-Neuses	1:33:19	7:00	13:07	16:33	21:41	26:37	29:46	40:58	46:57	52:23	58:01	1:07:43	1:12:39	1:31:55	1:33:19
				7:00	6:07	3:26	5:08	4:56	3:09	11:12	5:59	5:26	5:38	9:42	4:56	19:16	1:24
10		Ruth Bock TV Coburg-Neuses	2:21:21	5:18	9:32	12:55	17:39	28:20	31:55	46:03	1:03:54	1:12:03	1:42:21	1:49:21	1:53:45	2:20:02	2:21:21
				5:18	4:14	3:23	4:44	10:41	3:35	14:08	17:51	8:09	30:18	7:00	4:24	26:17	1:19
				1:00:17													
				*36													
		Michaela Cionoiu TV Coburg-Neuses	Aufg	9:05	19:12	27:22	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:08:23
				9:05	10:07	8:10											41:01
<b>Fortgeschritten Lang (22)</b>																	
				4,8 km			14 P										
				1(47)	2(42)	3(33)	4(34)	5(41)	6(35)	7(32)	8(51)	9(43)	10(44)	11(45)	12(46)	13(36)	14(40)
				Ziel													
1		Andreas Selz MTV Bamberg	45:29	2:10	4:04	5:35	7:59	10:44	12:23	16:32	19:32	22:53	24:28	27:39	29:19	37:53	44:42
				2:10	1:54	1:31	2:24	2:45	1:39	4:09	3:00	3:21	1:35	3:11	1:40	8:34	6:49
				45:29													
				0:47													
2		Michael Rödel TV Coburg-Ketschendorf	51:38	2:51	4:24	5:35	8:28	11:24	13:40	19:09	21:46	24:44	26:36	30:48	34:24	43:59	50:47
				2:51	1:33	1:11	2:53	2:56	2:16	5:29	2:37	2:58	1:52	4:12	3:36	9:35	6:48
				51:38													
				0:51													
3		Daniel Cionoiu TV Coburg-Neuses	53:09	2:44	4:31	5:55	8:23	14:48	16:22	21:38	23:50	26:45	28:28	31:16	32:48	45:02	52:41
				2:44	1:47	1:24	2:28	6:25	1:34	5:16	2:12	2:55	1:43	2:48	1:32	12:14	7:39
				53:09													
				0:28													
4		Ralph Körner OLV Landshut	53:53	2:57	4:35	6:10	9:05	12:26	14:45	20:45	23:37	27:06	29:06	33:02	34:48	45:15	53:17
				2:57	1:38	1:35	2:55	3:21	2:19	6:00	2:52	3:29	2:00	3:56	1:46	10:27	8:02
				53:53													
				0:36													
5		Anton Tatzel TV Coburg-Neuses	56:16	2:29	4:47	6:00	8:58	11:57	14:09	19:50	22:36	26:05	28:07	32:27	34:24	47:30	55:38
				2:29	2:18	1:13	2:58	2:59	2:12	5:41	2:46	3:29	2:02	4:20	1:57	13:06	8:08
				56:16													
				0:38													

Pl	Stnr	Name	Zeit		4,8 km	14 P	(Forts.)										
				1(47) Ziel	2(42)	3(33)	4(34)	5(41)	6(35)	7(32)	8(51)	9(43)	10(44)	11(45)	12(46)	13(36)	14(40)
6		<b>Katja-Christine Böhme</b> <b>TV Coburg-Neuses</b>	<b>58:56</b>	4:12 4:12 58:56 0:44	6:13 2:01	8:10 1:57	12:03 3:53	15:09 3:06	17:07 1:58	23:02 5:55	25:52 2:50	29:08 3:16	30:58 1:50	35:30 4:32	37:55 2:25	50:55 13:00	58:12 7:17
7		<b>Emil Bohl</b> <b>TV Coburg-Neuses</b>	<b>59:23</b>	3:48 3:48 59:23 0:56	5:55 2:07	7:14 1:19	10:06 2:52	13:01 2:55	15:07 2:06	20:54 5:47	23:40 2:46	27:10 3:30	29:12 2:02	33:32 4:20	35:25 1:53	48:35 13:10	58:27 9:52
8		<b>Katrin Lorenz-Baath</b> <b>TSV Jetzendorf</b>	<b>1:02:16</b>	4:10 4:10 1:02:16 0:43	6:03 1:53	8:13 2:10	11:38 3:25	15:29 3:51	17:39 2:10	23:52 6:13	26:50 2:58	30:42 3:52	33:04 2:22	37:10 4:06	40:38 3:28	52:22 11:44	1:01:33 9:11
9		<b>Fina Baath</b> <b>TSV Jetzendorf</b>	<b>1:02:19</b>	3:59 3:59 1:02:19 0:39	6:43 2:44	9:05 2:22	12:38 3:33	16:36 3:58	18:41 2:05	24:39 5:58	27:17 2:38	31:26 4:09	33:19 1:53	37:44 4:25	40:18 2:34	52:27 12:09	1:01:40 9:13
10		<b>Uta Geißler</b> <b>ohne Verein</b>	<b>1:03:29</b>	3:01 3:01 1:03:29 0:38	5:51 2:50	7:25 1:34	10:15 2:50	18:39 8:24	20:47 2:08	26:17 5:30	29:37 3:20	32:59 3:22	35:10 2:11	38:45 3:35	42:52 4:07	55:36 12:44	1:02:51 7:15
11		<b>Björn Kramer</b> <b>TSG Creidlitz</b>	<b>1:05:01</b>	3:14 3:14 1:05:01 0:52	5:04 1:50	6:38 1:34	10:03 3:25	13:29 3:26	15:52 2:23	22:55 7:03	26:30 3:35	30:33 4:03	32:45 2:12	37:41 4:56	40:34 2:53	53:52 13:18	1:04:09 10:17
12		<b>Moritz Oechler</b> <b>TV Coburg-Neuses</b>	<b>1:08:49</b>	3:25 3:25 1:08:49 0:25	5:51 2:26	8:07 2:16	10:53 2:46	23:04 12:11	24:41 1:37	30:15 5:34	35:03 4:48	38:31 3:28	40:36 2:05	44:26 3:50	47:22 2:56	59:04 11:42	1:08:24 9:20
13		<b>Michael Voit</b> <b>DARC Franken</b>	<b>1:13:38</b>	3:26 3:26 1:13:38 0:46	6:17 2:51	8:14 1:57	11:34 3:20	16:08 4:34	18:13 2:05	25:00 6:47	29:00 4:00	33:41 4:41	36:21 2:40	42:12 5:51	46:03 3:51	1:01:31 15:28	1:12:52 11:21
14		<b>Johnny Sjöblom</b> <b>TV 1881 Altdorf</b>	<b>1:15:44</b>	3:10 3:10 1:15:44 0:50	9:29 6:19	11:03 1:34	14:26 3:23	21:36 7:10	23:34 1:58	29:51 6:17	33:38 3:47	37:57 4:19	40:16 2:19	44:27 4:11	53:55 9:28	1:05:42 11:47	1:14:54 9:12
15		<b>Guido Seeger</b> <b>TV Coburg-Neuses</b>	<b>1:16:42</b>	4:06 4:06 1:16:42 1:15	6:58 2:52	9:08 2:10	13:24 4:16	18:44 5:20	22:16 3:32	29:31 7:15	35:17 5:46	39:44 4:27	42:39 2:55	46:37 3:58	50:23 3:46	1:02:42 12:19	1:15:27 12:45
16		<b>Josephine Streichert</b> <b>MTV Bamberg</b>	<b>1:22:41</b>	4:18 4:18 1:22:41 1:02	6:36 2:18	8:28 1:52	13:02 4:34	18:06 5:04	20:45 2:39	29:14 8:29	33:47 4:33	40:55 7:08	43:38 2:43	49:24 5:46	52:25 3:01	1:10:02 17:37	1:21:39 11:37
17		<b>André Böhme</b> <b>TV Coburg-Neuses</b>	<b>1:24:45</b>	5:11 5:11 1:24:45 1:03	9:11 4:00	11:22 2:11	15:23 4:01	19:47 4:24	22:49 3:02	31:07 8:18	35:11 4:04	40:34 5:23	43:56 3:22	49:12 5:16	52:49 3:37	1:10:36 17:47	1:23:42 13:06

